

DEPLOYMENT PACKING LIST



Special Notes: **are must-have items | Put your name on everything | Pack for flexibility and comfort
Hope for the best, plan for the worst! 😊

Personal Tool Belt or Backpack

- **Hand Sanitizer
- **Sunscreen
- **Bug spray
- Snacks & electrolyte water additive

**We will have all the items below for you, but bring your own if you prefer!*

- Work gloves, one leather & one waterproof
- Utility or X-acto knife
- Sharpie
- Mask & safety glasses
- Tools – hammer, wonder bar, kneepads, measuring tape, things that fit you personally

Bedding

- Sheets, blankets, & a pillow (*a plastic tub may be helpful to double as a nightstand*)
- Cot or air mattress (*twin-size only*)
- Earplugs, headphones (*wired headphones are good*)
- **Extension cord, charging supplies
- **Headlamp or flashlight

Snacks

- Granola/protein bars
- Energy drinks
- Trail mix
- Dried fruit
- Electrolyte water additive

**We will have plenty of snacks, but please bring your own if you prefer.*

Nice-to-Haves

- Fan – small personal 4” USB size, nice for bedtime if it’s hot
 - A white noise machine – USB type
- Packing cubes/suitcase organizers
- Anything with hooks (*for towels, toiletry bag*) – 3M or Command Strips are good options
- A portable battery to charge your phone
- Travel coffee cup and water bottle
- Bible, pen, journal, a book

Clothes

- **Hat & sunglasses
- **Hope Force badge
- **Hope Force t-shirt (*you can get a new one every deployment*)
- Work clothes that can get dirty (*5-6 days’ worth*)
 - Work pants (2-3 pairs)
 - Several t-shirts
 - Socks & underwear
- Work shoes (*no open-toed shoes for working*)
- Comfortable clothes & shoes for the evenings
- A raincoat that can get dirty
- T-shirt & shorts/pants for sleeping

**Men and women will have separate sleeping spaces, but you will be in close proximity.*

Personal Care

- Hygiene items
 - Toothbrush & toothpaste
 - Shampoo & soap
 - Deodorant
- Tide travel sink packets (*if we can’t do laundry*)
- Advil or ibuprofen
- Small wound care - Liquid bandage, Band-Aids
- **Medications for your personal needs (*itch cream, EPI-PEN [bring 2], aloe, sleep aids*)
- Digestive aids like ginger chews, fiber gummies, Immodium (*anti-diarrheal*)

Bath

- **Towel (*quick-dry towels & small towels for the bathroom floor are helpful*)
- **Shower shoes – also good as off-duty shoes
- Body wipes
- Hooks & clothespins to hang wet items